

REMCARE – A Research Project looking at the Benefits of Reminiscence Therapy for People with Dementia and their Family Care-givers:

TAKE PART

This study aims to measure the effects of joint reminiscence therapy on the quality of life of the person with dementia, their functional ability and their autobiographical memory.

Joint Reminiscence Therapy is a structured, group approach to triggering memories, led by trained facilitators and volunteers, with the aim of improving the relationship between the person with Dementia and the care-giver.

Who can take part? We need to recruit 24 pairs of people (person with dementia and their care-giver) in your NHS area. Are you interested?

Inclusion Criteria:

- People with a diagnosis of Dementia of any type: Alzheimer's, vascular, Lewy-Body or mixed
- In the mild to moderate stage of Dementia
- Will have some ability to communicate and understand communication
- Living in the community
- Have a relative/carer who can participate as well

Exclusion criteria:

- Will not have any major physical illness, uncorrected sensory impairment, disability or high level of agitation which would prevent their participation

What is involved? Half the participants and their care-givers (12 pairs) will be randomly assigned to either receive Joint Reminiscence Therapy weekly for 3 months and then, monthly for 7 months, or to continue receiving their usual treatment. All the participants and their care-givers will be assessed, however, using questionnaires at the beginning of the trial, after 3 months and again, after 10 months. It is anticipated that these assessments will take place in the participants' own homes.

If you would like to find out more about it, please contact:

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